

Stressed?

"Very peaceful
and relaxing."
Rick

"It was refreshing
and gave a lot of
time to reflect."
Tara



WALK THE LABYRINTH

Available all day

St. Joseph Chapel
(next to the Library)

Monday, September 11
Tuesday, September 12
Wednesday, September 13

Sponsored by Campus Ministry

Try it!

"Great way to relax,
glad I made time!"
Nichole