



Ahhh Day...

*A Finals' Week
Relaxation Program*

FREE: Massage & Reflexology
The Labyrinth will also be available all week in the Chapel.

For: Mercy College Students

When? Monday, December 12, 9:00-3:00pm

How? Sign-up on the door of the Student Lounge by
December 9

Where? 4th Floor Fitness Room – Madison

IMPORTANT: Mark your Calendar and please show-up! If you have to cancel cross your name out so another person has a chance to participate. You will not need to undress 😊

BE A LITTLE EARLY - You will lose your spot if you are late! It will set the whole schedule behind otherwise. Call Wendy Nathan if you have questions about this event - 419-251-1454